



# THANKSGIVING & NOVEMBER



|                                                                           |                                                                       |                                                                     |                                                                         |
|---------------------------------------------------------------------------|-----------------------------------------------------------------------|---------------------------------------------------------------------|-------------------------------------------------------------------------|
| Host<br>Friendsgiving                                                     | Make a<br>Thanksgiving<br>centerpiece from<br>things found<br>outside | Watch the<br>Thanksgiving<br>parade                                 | Run or walk a<br>Turkey Trot                                            |
| Volunteer<br>together                                                     | Donate coats or<br>winter supplies                                    | Put together<br>Thanksgiving<br>meals for families<br>who need them | Write thank-you<br>notes to people<br>who changed<br>your year          |
| Invite someone<br>who doesn't have<br>somewhere to go<br>for Thanksgiving | Have everyone<br>share what<br>they're grateful<br>for                | Make a family<br>gratitude jar<br>throughout<br>November            | Interview older<br>relatives at<br>Thanksgiving                         |
| Take a<br>Thanksgiving<br>family photo                                    | Play football<br>outside after<br>dinner                              | Take a long<br>Thanksgiving<br>walk                                 | Learn one family<br>Thanksgiving<br>recipe you want<br>to carry forward |