



Cozy, Slow Fall Days



Spend an afternoon at the library	Browse a used bookstore	Read outside under a blanket	Read an entire book in one weekend
Put together a 1,000-piece puzzle	Have a completely phone-free Sunday	Spend an afternoon baking	Make a blanket fort and watch movies
Have breakfast for dinner	Have a pajama day	Light candles and listen to an entire album start to finish	Start a fall journal
Make a gratitude list	Write a letter to your future self	Look through old family photo albums	Interview a parent or grandparent about their childhood