

Homemade Mayo



INGREDIENTS

1 egg
1 cup avocado oil
1 TBSP rice wine vinegar
Salt

DIRECTIONS

- Add ingredients to a deep jar
- Hold the immersion blender at the bottom until the mixture turns solid.
- You can also add garlic, or lemon, or other flavors to make it your own.

It's like magic! It stays for a week in the fridge.