

abi's viral chicken salad

FAST AND DELICIOUS FOR THE WHOLE FAMILY

 7 servings

 1 hour



INGREDIENTS

2 shredded chicken breasts

2 cups grapes cut in half

2 cups celery cut

1/2 red onion chopped

1 TBSP Dijon

2 TBSP ACV

Salt

Pepper

garlic powder

1 TBSP poppy seeds

3/4 cup homemade mayo

[\(click here for recipe\)](#)

DIRECTIONS

- I used a large crockpot to cook the chicken but you can bake it or boil it. Make sure not to overcook the chicken. The trick is letting it rest so the juices settle before shredding it.
- I added salt and cooked it in the Crock pot and covered it for 30 minutes to let it rest.
- Shred the chicken
- Add everything else
- Let sit in the fridge
- Everyday it gets better so it's perfect for meal prep!